



## AWARENESS PROGRAM

Date:- 01/03/2024

### THEME: "IMPACT OF DRUG ADDICTION ON YOUTH- A small step with big difference"

An awareness drive was started in the month of February by Department of Physiology, RRMCH with the primary aim to educate the students about the dangers of drug abuse and raise awareness about the prevalence of drug addiction in our society and provide support to those who are struggling to come out of its clutches.

The drive started by a poster and slogan competition for 1<sup>st</sup> year students of all courses to know the views of the students and to set the thought process running in their young minds. We received an overwhelming response, 29 posters and 32 slogans for the competition. The judges with great difficulty were able to pick up 5 best posters and 4 best slogans.

On 1<sup>st</sup> of March, 2024 the awareness program was organized along with the Department of Psychiatry from 10:00 am- 1:00pm. At the start of the program a short video clip was played showing the glimpses of the preparation for the event. The master of ceremony was done by Ms. Nishitha. The program was started by invoking the blessings of almighty by an invocation dance by 1<sup>st</sup> year MBBS.

The gathering was addressed by our respected Dean Dr. Sathyamurthy B. This was followed by an enlightening speech by Dr. Vidhyavati Prof of Psychiatry, RRMCH where our students were made aware of the consequences of taking drugs and how to seek help. The speaker was felicitated by Dr. Jamuna, HOD physiology and Dr. Priyanka.

A role play was presented by postgraduate students of Psychiatry department which highlighted the stress faced by medical students and how they fall into the trap of drug addiction. The role play ended with a positive note that timely help can save lives.

A video clipping was played which gave a message from the head of institute and judges about implications of drug abuse to our students. This was followed by displaying the poster and slogan for the competition by Dr. Amareswari. The winners for the competition were awarded by cash prize and certificates by the judges.

An innovative activity was organized by the 1<sup>st</sup> year MBBS students on theme "I Survive". The audience was asked to snap over clap to encourage the survivor stories told by each





participant. The audience lived the stories as the participants and became motivated that whatever may be the circumstances we can tide over it without the help of drugs.

The questions and queries were addressed in a small group interaction by the faculties of the Department of Psychiatry.

The students showed their commitment for making the society drug free by signing on the pledge board. They also took pictures with the selfie station to promote anti drug campaign.

The program ended by taking feedback from the participants. We received a positive response and were requested to conduct more such programs in future.

