

DEPARTMENT OF ENT-HNS

CME on Emerging Trends in Head and Neck Cancers

ONCO-SPECTRUM 2026 Emerging Trends in Head and Neck Cancers

The Department of ENT & Head and Neck Surgery, Rajarajeswari Medical College & Hospital, Bengaluru, organized a Continuing Medical Education (CME) programme titled **“ONCO-SPECTRUM 2026 – Emerging Trends in Head and Neck Cancers”** on **14 August 2026** at Kadamba Hall, Rajarajeswari Medical College & Hospital. The program was held in the presence of senior administrators, with our Chairman Dr AC Shanmugam sir and President Dr ACS Arun Kumar sir acknowledged in absentia. The inauguration was attended by CEO Sri Seetharam sir, Dean Dr.Sathyamurthy sir, Principal Dr.Basavaraj Bhandare sir & Medical superintendent Dr.Praveen Kumar sir

The program was conducted at the Kadamba Hall and witnessed active participation from faculty members, postgraduate students, interns, and allied health professionals from other institutions as well. The event featured a series of informative and engaging sessions delivered by invited speakers and departmental experts. The CME brought together eminent faculty and specialists in the field of Head and Neck Oncology and provided an academic platform for discussion on contemporary approaches to the prevention, diagnosis and management of head and neck malignancies. The programme commenced with a welcome address by Dr. T. M. Nagaraj, Professor & HOD, Department of ENT & Head & Neck Surgery.

The scientific programme featured a series of expert lectures covering important and clinically relevant topics. **Dr. Rajeev**, Senior Oncosurgeon, delivered a session on **“Oral Cancers in India – Can We Do More to Prevent It?”**, highlighting the growing burden of oral cancer and the importance of prevention and early detection. **Dr. Purushottam Chavan**, Professor and HOD, Department of Head and Neck Onco Surgery, Kidwai Memorial Institute of Oncology, spoke on **“Surgical Management of Sinonasal Malignancy”**, focusing on contemporary surgical approaches to sinonasal cancers.

Dr. Prashanth V, Professor and HOD, Department of ENT-HNS, BGS Global Institute of Medical Sciences, discussed **“Approach to a Solitary Thyroid Nodule”**, addressing the systematic evaluation and management of this common clinical presentation. The scientific sessions concluded with **Dr. Jyothsna B M**, Consultant at Sparsh Hospital, who spoke on **“Management of Oral Malignancies”**, providing insights into multidisciplinary management strategies.

The programme also included an inauguration ceremony and felicitation of the invited faculty, followed by an interactive academic exchange among the participants. The CME provided an opportunity for postgraduate students, faculty members and

clinicians to update their knowledge regarding recent developments and practical approaches in head and neck oncology. Overall, **ONCO-SPECTRUM 2026** served as a valuable academic platform for enhancing awareness of emerging concepts and evidence-based practices in the prevention and management of head and neck cancers.

Interactive sessions and case discussions further enriched the program, encouraging active participation and facilitating meaningful knowledge exchange among attendees. The event also served as a platform to sensitize healthcare professionals about the importance of timely referral and appropriate intervention in patients presenting with early subtle symptoms.

The celebration concluded with a small skit program by postgraduates, vote of thanks, acknowledging the contributions of all speakers, organizers, and participants who made the event a success.













APPROACH TO A SOLITARY THYROID NODULE

DR PRASHANTH V
PROF & HEAD, BGS GIMS





54 years old. One ulcer. Two treatments.

A case built from the everyday clinic — and the decisions that follow.



THE CLINIC

Lateral tongue ulcer

- 6 weeks
- persistent despite symptomatic treatment
- induration + contact bleeding
- ipsilateral neck: clinically N0

WHAT
NOW?









